



LIAQUAT NATIONAL HOSPITAL

NEWSLINE

LNH TOWARDS BETTER HEALTH



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RESEARCH EXPO '23: UNVEILING THE FUTURE OF MEDICAL RESEARCH!



Medical Director, Prof. Salman Faridi, addressing the audience of Research Expo'23

Our recent expo was a dynamic convergence of the finest minds in medicine. Renowned doctors, experts in their fields, graced the stage as keynote speakers, sharing their groundbreaking insights.

But that was just the beginning! Another vital essence of the Expo shone through the exceptional research presentations. Our talented participants, through captivating posters and eloquent oral presentations, showcased their dedication to innovation.

The highlight? Our panel of judges, a league of highly qualified researchers, had the challenging task of evaluating the exceptional work presented. The standards were set high, and the talent on display surpassed expectations!

A moment of recognition unfolded as awards were conferred upon those who demonstrated exceptional prowess. The Medical Director, Prof. Dr. Salman Faridi, recognizing the significance of these contributions, delivered remarks that echoed appreciation for the collective efforts that made the Expo a resounding success.

The principal Prof. Dr. Makki remarks, offering insights into the transformative impact of the Expo on the medical landscape.



Members of Research Society, along with Oral and Poster winners, and Judges



Our Meticulous Panel of Judges for Oral Presentations (Dr. Shaheena Akbani, Prof. Dr. Rufina Soomro, and Dr. Syed Hasan Danish)



A Presenter Giving Oral Presentation



An Abstract Presentation by a Poster Presenter to Our Esteemed Judge Dr. Sheeraz Ur Rahman

WHAT'S NEW

EARLY DETECTION OF MYOCARDIAL INFARCTION: HIGH SENSITIVITY TROPONIN I

The LNH Biochemistry / Chemical Pathology lab has a state-of-the-art equipment, including a Total Laboratory Automation system. The latest acquisition by the department is a chemiluminescent analyzer useful for various immunoassay tests including high sensitivity Troponin I

(hs Trop I). This test is highly sensitive for the detection of Troponin I in the blood within a few hours of the onset of Myocardial Infarction (MI). This will hasten the treatment of the patient and shorten the stay in the emergency department of non-MI patients with similar symptoms.



PUBLIC AWARENESS PROGRAMS

WORLD HEART DAY CELEBRATED AT LNH

On Thursday 28th September 2023, on the auspicious occasion of World Heart Day, a grand walk was organized by the Department of Cardiology to promote the importance of physical activity and spread awareness regarding heart health and emphasize the role of lifestyle modification

in preventing cardiovascular disease.

The participants of the walk included all age categories, including students as well as the elderly. The message of the world heart day walk was of prevention of cardiac disease, control of risk factors including hypertension and obesity along

with others was thus delivered.

The theme colour for the walk was red, which represented the blood flow in the coronaries and the heart. At the end of the walk, take-home messages by Prominent Faculty of Cardiology and Paeds Cardiology were presented on a board to the audience.



World Heart Day

AWARENESS SESSION ON ROLE OF NUTRITION IN OBESITY MANAGEMENT



Prof. Hafeez ul Hassan
Presenting in the Session

The Department of Forensic Medicine at LNMC recently played host to a CME event, shedding light on the pivotal theme of nutrition's role in tackling obesity. The event, enriched by the generous contribution

of obesity, challenging conventional notions and presenting a more nuanced perspective that considered genetics, demographics, physical activity, dietary choices, and medications.



Participants at the session

of Prof. Hafeez ul Hassan.

Prof. Mukkaram opened the CME presentation by emphasizing the societal significance of obesity and acknowledging the substantial turnout, reflecting a keen public interest in overall well-being. Prof. Hafeez's presentation began with the intricate causes

The discourse on nutrition therapy was a highlight, stressing the importance of personalized, nutritionally balanced diets, starvation effects and reducing energy intake. Physical activity's integral role in obesity management was also highlighted and its impact on reducing mortality rates and improving cardiovascular fitness.



Ishrat Saleem
Dr. Ishrat Saleem
Chief Editor

EDITOR'S NOTE

Dear Readers,

December is a time of year for reflection. Looking back on the past year. Internalize what you learn. Plan your time ahead. Acknowledge all the good things that have happened. Forgive anyone who may have upset you.

This issue includes news on Research Expo '23; Awareness Sessions; Courses/Workshops/Seminars conducted in LNH; Activities at RSDC and SCPCU; Different Events Held at LNH&MC; Achievements by LNH&MC Staff; and much more.

Hope you will enjoy reading this entire issue as always.

INTERNATIONAL PATIENT'S SAFETY GOALS IPSG-SESSION FOR UNDERGRADUATE STUDENTS-LNSDLS

An awareness session regarding International Patient's Safety Goals (IPSG) was organized on 22nd September 2023, by Head of the department, Mr. Hammad Aijaz-Quality Assurance department of LNH and Liaquat National School of Diagnostic Lab Sciences (LNSDLS). The rationale for having such a session is the significance of our institutional goals, training and teaching, patients' services. Therefore, it's imperative to provide an informative session regarding international quality systems, inclusive of patients' safety and services, for our allied health sciences-undergraduate students. Ms. Ramhsa Tareen (Senior Quality Officer-QA) presented six IPSG standards with examples and interactive discussion. Ms. Farah Ashraf, Assistant Manager (LNSDLS) and Principal-Prof. Junaid M. Alam also spoke on the occasion and highlighted the prominence of IPSG understanding and implementation. Ms. Husna Saeed moderated the session.



Awareness Session regarding International Patient's Safety Goals

NEUROLOGY RESEARCH AND AWARENESS MEETING (RUN PROGRAM)

To promote academic enthusiasm among neurology residents of the city, the department has taken an initiative of staging a bimonthly Neurology Research and Awareness Meeting (RUN Program). The first meeting was in December 2023. Residents presented 3 difficult cases and an expert panel of renowned neurologists of the city, including Prof. Sarwar Siddiqui, Prof. Arif Herekar, Prof. Naila Shahbaz, Prof. Qamarun Nisa and the Neurology faculty of LNH&MC discussed the cases and guided the PG trainees. It will be staged bi-monthly and, hopefully, is going to be an exciting academic activity of its kind in the city.



Neurology Research and Awareness Meeting

RAISING AWARENESS ON BREAST CANCER



Breast Cancer Awareness Session by Prof. Dr. Rufina Soomro (Consultant, General Surgery) at Dubai Islamic Bank

In a dedicated effort to raise awareness on breast cancer, Liaquat National Hospital (LNH) collaborated with multiple organizations to conduct Breast Cancer Awareness Sessions throughout October.

These sessions were led by Prof. Dr. Rufina Soomro and Prof. Dr. Naila Zahid, who are prominent consultants in breast surgery and oncology, respectively. These sessions gave the proper awareness to the audience and emphasized the importance of early detection, prevention, and overall breast health.

Prof. Dr. Naila Zahid conducted a session at Toyota Motors on October 20, where she addressed common myths regarding the symptoms and causes of breast cancer. She also highlighted advancements in breast cancer treatment and emphasized the role of early intervention in improving outcomes.

Also, Prof. Dr. Rufina Soomro led multiple awareness sessions about breast cancer across different venues, including Dubai Islamic Bank on the 18th, Summit Bank on



Breast Cancer Awareness Session by Prof. Dr. Naila Zahid (Consultant, Oncology) at Toyota Motors



Breast Cancer Awareness Session by Prof. Dr. Rufina Soomro (Consultant, General Surgery) at Abbott

the 25th, and Abbott Laboratories (Pakistan) on the 26th.

She gave the monthly self-examination tips and emphasized on early detection, self-examination, and regular screenings. All sessions were attended by a large audience, physically and virtually. Prof. Dr. Rufina Soomro also cleared some common misconceptions associated with breast cancer and engaged the audience in an interactive Q&A session.



Breast Cancer Awareness Session by Prof. Dr. Rufina Soomro (Consultant, General Surgery) at Summit Bank

WALK OF SOLIDARITY AGAINST BREAST CANCER

The Breast Cancer Awareness Walk is an initiative that brings together a lot of people for breast cancer awareness. On October 26, Prof. Dr. Rufina Soomro and Prof. Dr. Naila Zahid led the walk and educated the participants about the risks associated with breast

cancer and also emphasized the critical importance of early detection for improved treatment outcomes. The event ended with a cake-cutting ceremony and a heartfelt appreciation to all the people who became a part of this initiative.



AWARENESS WALK ON WORLD DIABETES DAY



World Diabetes Day is observed on November 14th each year to raise awareness about diabetes and its impact on global health. It was established by the International Diabetes Federation (IDF) and the World Health Organization (WHO). The day aims to promote diabetes advocacy, prevention, and care, highlighting the need for better education and access to treatment.

The blue circle introduced by the International Diabetes Federation is the global symbol for diabetes awareness and is prominently associated with World Diabetes Day. It represents unity and



solidarity in the fight against diabetes.

According to IDF, the prevalence of diabetes in Pakistan accounts for a massive 26.7% of the adult population, with a total of 33,000,000 present cases. With these staggering statistics, there is a dire need to educate the masses regarding diabetes mellitus and its complications.

Therefore, being one of the leading tertiary care hospitals in the metropolitan area, Liaquat national hospital (LNH) considers it its responsibility to deliver information, awareness



and educate people regarding diabetes. The department of diabetes, endocrinology and metabolism of LNH religiously organizes World Diabetes day every year and, keeping this tradition alive, this year we organized an awareness walk for World Diabetes day on 19th November 2023. Our consultants lead the awareness walk and delivered important messages regarding diabetes and its prevention. Dr. Ali Asghar highlighted the symptoms and facts regarding diabetes. Dr. Aqiba Sarfaraz, the head of the department, discussed statistics

of Diabetes in Pakistan a diabetes. management options available for controlling diabetes. Dr. Muhammad Owais Rashid discussed the complications of

Health care professionals from various departments, such as Psychiatry, Internal Medicine, and

Nursing department joined in for the Diabetes awareness walk. This activity was covered by the Marketing & Media department of LNH as well as National Media.

COMPASSIONATE COMMUNITIES TOGETHER FOR PALLIATIVE CARE – AWARENESS PROGRAM HELD ON WORLD PALLIATIVE CARE DAY

In its endeavor to promote Primary Care-oriented Palliative medicine services, the Family Medicine department organized an awareness session on the global observance of World Hospice and Palliative Care Day on October 14, 2023. The session aimed to shed light on Palliative Care and emphasize the significance of a multidisciplinary team approach in healthcare practice. The collaborative initiative brought together physicians specializing in Family Medicine, Palliative Care, Neurology, and Oncology, along with Nurses and Allied Healthcare professionals, including Nutritionists, Physiotherapists, and Psychologists, all dedicated to this noble cause. The three-hour session was well-received and attended by medical, nursing, and physiotherapy students, as well as resident trainees.



Houseful - The Interest and Enthusiasm of Students and Trainee at the Awareness Session

COURSES/WORKSHOPS/SEMINARS

2ND INTERNATIONAL NURSING RESEARCH CONFERENCE AT PEOPLE'S NURSING SCHOOL, LUMHS, JAMSHORO



Principal LNCON Mrs. Judith Zaidi and other panelists

People's Nursing School, Liaquat University of Medical and Health Sciences, Jamshoro (LUMHS) organized a two-day 2nd International Nursing Research Conference (NRCON) on 1st and 2nd December 2023. The theme of the research conference was "Secure Global Health through Research, Innovation, and Empowering the Front line Soldiers". Prof.



Nursing faculty, LNCON at NRCON, LUMHS

Dr. Ikram Din Ujjan, Vice Chancellor – Liaquat University of Medical & Health Sciences (LUMHS) was the Guest of Honour. Distinguished national and international speakers attended the conference. Mrs. Judith Zaidi, Principal – Liaquat National College of Nursing (LNCON) was one of the panelists at the conference. Later, the Guest of Honour, speakers, and panelists received shields of appreciation. The nursing faculty of LNCON also attended the conference.

CME ON OSTEOPOROSIS – FROM FRAGILITY TO STRENGTH



CME on Osteoporosis

On December 23rd, 2023 the department of Rheumatology organized a CME on Osteoporosis – "From Fragility to Strength" at LNH to foster knowledge and improve practice among GPs and post graduate trainees. A quiz competition was also organized at the CME to encourage learning.



CME on Osteoporosis

26TH ANNUAL INTERNATIONAL PAKISTAN SOCIETY FOR RHEUMATOLOGY (PSR) CONFERENCE



Dr. Tahira Perveen – Head of Rheumatology department at LNH convened the 26th Annual International Pakistan Society for Rheumatology (PSR) Conference this year from 12th to 15th October, 2023 at Pearl Continental Hotel, Karachi. The conference was



Dr. Tahira Perveen – Head of Rheumatology department at LNH convened the 26th Annual International Pakistan Society for Rheumatology (PSR) Conference

centered on the theme of “Mission is Remission”, where renowned Rheumatologists and other experts from across the country and abroad engaged in fruitful panel discussions and delivered keynote speeches providing holistic insights.

and delivered keynote speeches providing holistic insights.

RESEARCH REINVENTED: THE POWER OF ARTIFICIAL INTELLIGENCE WITH GROUND BREAKING AI TOOLS, THE POSSIBILITIES ARE ENDLESS!

A pre-conference workshop was arranged at Liaquat National Hospital “Research Reinvented: the power of Artificial Intelligence with ground breaking AI tools, the possibilities are endless!” which was attended and appreciated by faculties and trainees.



Workshop on Research Reinvented

ADVANCED NURSING COURSE ON ENHANCING PATIENT CARE IN PAEDIATRIC SURGERY AND PAEDIATRIC UROLOGY PATIENTS

A comprehensive two-day Paediatric surgery workshop in collaboration with the department of nursing was carried out on 30 - 31 October 2023 at RSDC, LNH. The objective was to equip healthcare professionals with the skills and knowledge necessary to deliver optimal care to Paediatric surgery and Paediatric urology patients. This course covered an array of topics including the role of health care professionals in a Paediatric surgical setting. Participants were explained via lectures and demonstration of videos to understand the care of patients with surgical wound, urinary catheter, gastrostomy, chest tube, IV line and bowel and urinary stoma.

Participants learned both the theoretical and practical aspects and had a well-rounded learning experience. The hallmark of the course included hands-on training using advanced surgical equipment and techniques, allowing participants to practice and refine their skills.

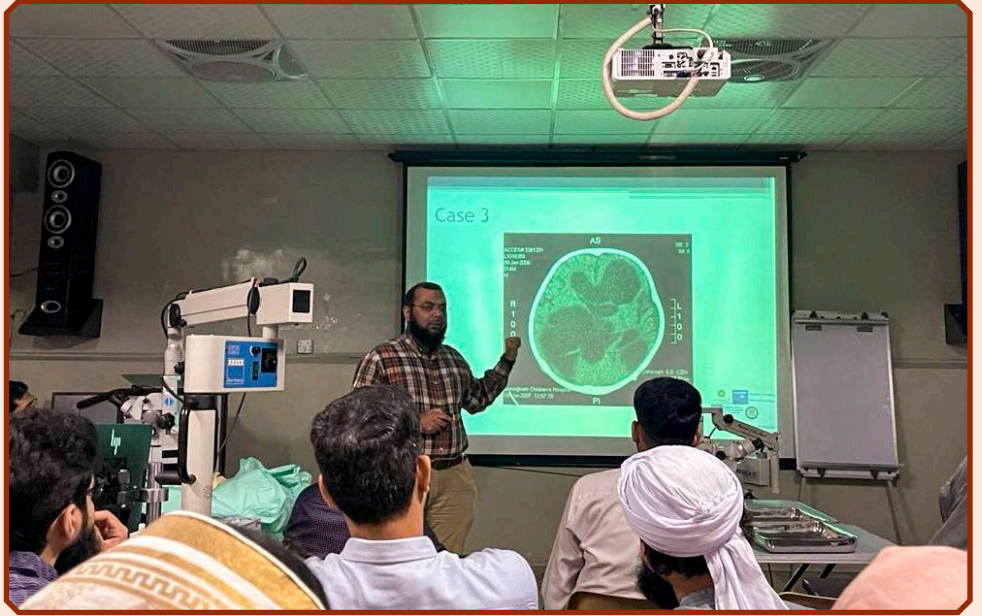
In this workshop, we trained 26 participants, which included 7 Nurses of Paediatrics & Pediatric Surgery, 3 staff nurses from Civil Hospital, 1 from Virtual University and 15 BMST students. This includes the participation of personnel outside LNH as well. We received an overwhelming response from our participants and they were provided with a certificate of completion recognized by the organization.



Advanced Nursing Course on Enhancing Patient Care in Paediatric Surgery and Paediatric Urology Patients

LNH NEUROSURGICAL BOOT CAMP

The Department of Neurosurgery at Liaquat National Hospital, in collaboration with the WFNS Spine Committee and Pakistan Society of Neurosurgeons, organized the Neurosurgical Boot Camp 2023 on October 8. The event aimed to enhance the skills of young neurosurgeons and trainees through workshops and lectures. The boot camp condensed five years of neurosurgical training into a single day, focusing on basic surgical acumen, neurosurgical approaches, instrument handling, and treatment decision-making. Participants engaged in hands-on



Neurosurgical Boot Camp

Degenerative Lumbar Disc. Dr. Mohsin (JMDC) discussed various cranial approaches. An interactive session on head injuries was led by Prof. Riaz Raja (LUMS). Practical sessions followed, with instruction on cranial approaches and instrument use by Dr. Saad Akhtar Khan and Dr. Manzar Hussain. A session on radiological interpretation by Dr. Tanveer (AKU), white matter anatomy and brain mapping with DTI by Dr. Shayan (AKU), MRI sequences in Brain and Spinal SOL by Dr. Shumaila (JPMC), and the role of stereotactic

radiosurgery in neurosurgery by Dr. Kamran (JPMC) were conducted. Dr. Naureen (AKU) presented the management of pediatric fourth ventricular tumors. Participants had the opportunity for one-on-one interaction with mentors and engaged in case discussions. The event concluded with a questionnaire and certificate distribution. The Department of Neurosurgery at LNH demonstrated its commitment to providing high-quality neurosurgical training.

sessions using spine and skull models, bovine brains for anatomy revision, and microsurgical training. The day started with talks on neurosurgical decision-making and controversies, including cervical trauma and degenerative spine conditions by Dr. Amir Sagheer (LNH), Thoracolumbar fractures by Dr. Saqib (AKU), and management of spontaneous bleeds. Dr. Ehsan Bari (AKU) introduced brain tumors, while Dr. Atiq Ahmed (CHK) delved into spinal tumors. Dr. Farrukh (JPMC) resolved a controversy about



Neurosurgical Boot Camp

UNLEASHING EXCELLENCE IN TRAUMA MANAGEMENT



Workshop on Trauma Management

The Department of Emergency in collaboration with the department of Nursing at LNH organized a two-day workshop on trauma management called “Unleashing Excellence in Trauma Management”. It was

held on 5th - 6th, September 2023. The workshop aimed to educate the participants on the latest techniques of trauma management and to promote safe practices in the health care system. The workshop covered topics such as triage, primary and secondary survey, hemorrhagic shock, head injury, and wound care. The workshop also included lectures, videos, and hands-on training. The workshop was attended by 43 participants from various disciplines, including nurses, MBBS, BSMT, and DPT



Workshop on Trauma Management

students. The workshop received an overwhelming response from the participants, who appreciated the opportunity to learn from the experts and to enhance their knowledge and skills.

CME ON ACUTE STROKE MANAGEMENT



CME on Acute Stroke Management

On 28th October, 2023, an awareness seminar was conducted by the Department of Neurology on “Acute Stroke Management”. All the neurology residents actively participated under the supervision of Dr. Saba Zaidi- Assistant Professor Neurology. The program was conducted to revise and refresh the awareness regarding role of tPA & mechanical thrombectomy in acute ischemic stroke among inhouse health care provider. It was an informational academic activity appreciated by the participants.



CME on Acute Stroke Management

CME ON NEURODEVELOPMENTAL DISORDER (NDD)



CME on Neurodevelopmental Disorders

The Department of Mental Health organized a CME on the topic of Neurodevelopmental disorders on 2nd of November 2023. The aim of this CME was to give awareness to our fellow doctors about Neurodevelopmental disorders, which include Autism Spectrum disorder, Attention-Deficit /

Hyperactivity Disorder (ADHD) and intellectual disability.

For this purpose, child and adolescent Psychiatrist Dr. Aisha Sanober Chachar was invited as a guest speaker who discussed the role of psychiatrist in NDDs while Dr. Raman Kumar (Paeds Neurologist) shared his perspective as a neurologist on Autism Spectrum disorder. Dr. Zaib un Nisa delivered a talk on the topic of “Behavioural challenges with intellectual disability”. Talks were followed by a panel discussion among Dr. Jawed Akbar Dars (Consultant Psychiatrist at NICH), Dr. Raman Kumar, Dr. Sanam Bano



CME on Neurodevelopmental Disorders

and Miss Sumayya Rizwan. A role play was also presented by the nursing department highlighting and addressing the concerns of families as they bring their children to psychiatric OPD. CME ended with closing remarks from Dr. Jawed Akbar Dars and shield distribution.

CME ON WORLD THROMBOSIS DAY

World Thrombosis Day, is a global healthcare event held annually on October 13th to raise awareness about thrombosis, a condition often underestimated and misunderstood. Venous thromboembolism (VTE), particularly deep vein thrombosis (DVT) and pulmonary embolism (PE), pose a significant health threat to patients. These potentially life-threatening conditions can manifest silently and without warning, making vigilance and knowledge crucial. To disseminate knowledge about this condition, the department of Hematology at Liaquat National Hospital, led by Dr. Naila Raza HOD Hematology held a CME session on 20th October, 2023.

The session started with the



CME on World Thrombosis Day



tilawat. The opening talk was given by Dr. Naila Raza providing insights into the recent international guidelines for diagnosing thrombotic conditions. Dr. Tahira Parveen, Consultant Rheumatologist discussed various autoimmune diseases associated with thrombosis, emphasizing the significance of early diagnosis and prompt management. Assistant Professor of Pulmonology, Dr. Saima Akhter,

delved into the clinical suspicion and diagnosis of pulmonary embolism, shedding light on its consequences. Dr. Hammad Alam, Assistant Professor and Vascular Surgeon, highlighted the indications for the temporary filter used in settings of thrombosis and embolism. Dr. Mah Ali, Senior Resident in Hematology, wrapped up the session by discussing intriguing clinical cases related to thrombosis and hemostasis.

NURTURING FUTURE MEDICAL SCHOLARS: A PRE-EXPO WORKSHOP ON WRITING ORIGINAL ARTICLE



Dr. Atif Ali Hashmi Conducting the Workshop

In a collaborative effort to foster the development of the next generation of medical scholars, a pre-expo workshop on “Writing Original Articles” was held on 5th October 2023. The event attracted medical students and accomplished doctors from various esteemed colleges and hospitals, creating a dynamic platform for knowledge exchange and academic growth.

The workshop was skilfully conducted by Dr. Atif Ali Hashmi, a distinguished figure in the field of medicine and research. Dr.

Hashmi’s extensive experience in both clinical practice and academic research made him the perfect mentor for the workshop, inspiring attendees to embark on a journey of scholarly exploration.

The primary focus of the workshop was to acquaint participants with the art of writing original articles in the realm of medicine. Dr. Hashmi emphasized the importance of contributing valuable insights to the medical community through well-structured and meticulously researched articles.



Participants Engaged in the Task Assigned by Dr. Atif



The Team of Organisers and Participants of Pre expo Workshop

Throughout the workshop, attendees delved into the intricacies of formulating research questions, conducting literature reviews, data collection, and data analysis. Dr. Hashmi’s guidance was instrumental in equipping participants with the knowledge and skills necessary to design and execute robust research projects. The workshop provided a holistic perspective on the publication process, including choosing appropriate journals, understanding the peer-review process, and addressing.

HOME HEALTHCARE SERVICE: OUR CARE, YOUR HOME

Home healthcare is a patient-centered system providing skilled medical services in the comfort of an individual's home. This approach enhances quality of life, safety, and independence. Services range from daily activity assistance to specialized nursing care, addressing various medical needs. Home health care prevents unnecessary hospitalizations, aids recovery, and supports individuals with chronic conditions. Its personalized and comprehensive nature makes it a valuable healthcare option, promoting overall well-being by

considering the unique needs and preferences of patients.

The Department of Nursing, in collaboration with the Department of Family Medicine, successfully conducted a three-day workshop titled "Home Healthcare Service: Our Care, Your Home". On 19th - 20th, September, 23. This workshop aimed to provide valuable insights and training on delivering healthcare services in the home setting. A total of 17 participants attended the session, with 16 being employees of LNH and 1 external participant.



Workshop on Home Healthcare Service: Our Care, Your Home

REFERENCE MANAGEMENT SOFTWARE, ZOTERO

A hands-on workshop on reference management software, Zotero, was conducted by Prof. Dr. Faiza Waseem, Head of the department of Biochemistry, Liaquat National Medical College on 8th December 2023. Zotero is an open-access, easy-to-use citation management tool that

helps collect, organize, cite, and instantly create bibliographies for any text editor. The workshop was attended by the Professors, Associate and Assistant Professors as well as demonstrators from various departments of the medical college. The participants learned about the operational

basics of Zotero including creation of libraries and usage of Zotero word processor plugin to manage bibliography. The workshop concluded with certificate distribution among the participants by the Principal of the Medical College, Prof. Dr. KU Makki.



Certificate Distribution for the Workshop on Zotero



Participants Having a Hands on Experience on Zotero



Workshop on Zotero

NES SPECIALIZATION COURSES



NES Specialization Courses

The Department of Nursing organized an in-house specialization challenge test named Critical Care Nursing (CCN), Maternal and Child Health Care Nursing (MCH) and Medical Surgical Nursing (MSN). Overall, 707 nursing staff have been certified in MSN, 709 in CCN and 733 in maternal and child till date, along with nursing skills performance in collaboration with research and skills lab.



NES Specialization Courses

NURSING ORIENTATION PROGRAM

The Nursing orientation is a comprehensive program that aims to provide nurses with the knowledge, skills, and support they need to thrive in their roles and deliver high quality patient care. Overall, 52 participants were enrolled in a Nursing Orientation program held in the month of November and December 2023.

Covering a diverse range of crucial topics, the Nursing

Orientation Program addresses clinical procedures, patient assessment, medication administration, IV cannulation, infection control practices, nursing documentation, and communication skills. Employing a multifaceted approach involving classroom lectures, hands-on training, and practical experience, the program ensures that nurses acquire a robust foundation in these pivotal aspects of their profession.



Nursing Orientation Program

HAND ON WORKSHOP FOR INTERMEDIATE MODULE EXAM (IMM) (MEDICINE)

A hand-on workshop for IMM (medicine) was arranged by the department of Internal Medicine on September 22 & 23, 2023. The two-day workshop comprises short cases and task-oriented assessment of clinical skills (TOACS) according to CPSP format. Interactive sessions on CT scan/ MRI, x-rays, ECG and pictures were conducted by the skilled professionals of respective fields. The theme and the efforts of conducting the workshop were highly appreciated by the candidates, and it was also suggested that such courses should be conducted twice a year. At the end of the session, certificates were distributed to the entire team and participants.



Workshop for IMM (medicine)

NURSING – AART (ADVANCED ADULT RESUSCITATION TRAINING)

This newly designed Nursing - AART is a comprehensive certification program that not only integrates resuscitation training, performance improvement, critical procedures, and in-hospital patient safety initiatives but also employs a broad definition of “resuscitation” to include patient surveillance/monitoring, critical care, intra-arrest, and post-resuscitation care. In addition, Nursing - AART empowers health care providers of all disciplines by creating a “culture of resuscitation” that enhances patient safety.

This training is intended specially for nurses of critical care setups who need to promptly recognize and treat adult patients suffering from or at risk of cardiac arrest and other life-threatening emergencies, thereby improving their survival rates.

This is a 2 - day ongoing workshop developed by the nursing management committee and a team of experts. The course is conducted by consultants from teams of Cardiology, Anesthesiology, Neurology, RSDC and Nursing. A total of 188 participants were enrolled quarterly. Overall, 447 participants have successfully cleared this course till to date.



Nursing – AART

BRACHIAL PLEXUS PERIPHERAL NERVE REPAIR WORKSHOP ON 19TH NOVEMBER 2023 AT LUMHS (JAMSHORO)



R-L: Dr. Shahab Ghani, Prof. Dr. Shehab A Beg, Dr. Sobia Yasmeen, Dr. Obaid ur Rahman, Dr. Fazal ur Rahman, Prof. Dr. Moiz Sadiq, Dr. Afaq Saleem Siddiqui, Dr. Fahad Hanif Khan

The department of Plastic and Reconstructive Surgery conducted a one-day cadaveric workshop in collaboration with Pakistan society of Neuro Surgeons at Liaquat University of Medical & Health Sciences (LUMHS, Hyderabad) on 19th November 2023 on brachial plexus.

At the workshop, the participants were given expert review on brachial plexus anatomy, mechanism of injury, examination and latest methods of repair of brachial plexus with outcome of procedures, followed by the detailed cadaveric dissection and discussion. Plastic surgeons from the Liaquat National Hospital supervised participants in the dissection and procedures and guiding practical points for management of brachial plexus injuries. Neurosurgery faculty from all over Pakistan attended the workshop, including the junior consultants and residents of the neurosurgery.

consultants and residents of the neurosurgery.

STRESS MANAGEMENT

r. Iqtidar Taufiq and Dr. Kahkashan Tahir conducted a one-hour interactive “Stress Management” session for LNH interns. Fifty-nine interns took part, exploring facts, figures, and defining stress. The session highlighted negative effects, unhealthy

stress handling, identified stressors and causes, and emphasized management techniques and tips. Participants were motivated to stay focused on the benefits of stress management.



CME Session on Stress Management

EMPATHY; THE CORNERSTONE IN CLINICAL PRACTICE

Dr. Ali Asghar led a one-hour interactive session on “Empathy” for LNH interns, with 58 participants. The session included sharing facts, figures, and defining empathy, while also highlighting the distinction between empathy and sympathy. Additionally, insights on how doctors can effectively deal with

patients were discussed.

Recognizing the significance of empathy in building strong doctor-patient relationships, this program aims to equip house officers with the necessary skills and understanding to enhance their empathetic capabilities.



Interactive Session on “Empathy”



Interactive Session on “Empathy”

BASIC OF INFECTION CONTROL/ VACCINATION/ ANTIMICROBIAL STEWARDSHIP

On November 1, 2023, Liaquat National Hospital hosted a CME session led by Dr. Sana Anwar, Consultant Microbiologist at LNH. The event, focusing on the basics of Infection Control, Vaccination, and Antimicrobial Stewardship, drew a large attendance

of interns and house officers. Emphasizing infection prevention, standard precautions, and the significance of vaccination, the CME sparked discussions about future sessions covering these crucial topics.



Session on Basic of Infection Control/ Vaccination/ Antimicrobial Stewardship

CME ON TIME MANAGEMENT

A CME on “Time Management” was conducted by Prof. Dr. Syed Sheeraz ur Rehman on 3rd January 2024 as part of an ongoing CME series for interns at LNH to help them grow professionally. The session thoroughly examined the critical role of good time management in healthcare settings, including insights into core principles and strategies for optimizing everyday tasks. Interns were also

introduced to various practical techniques to improve efficiency in their medical practice. This educational initiative sought to ensure that rising medical professionals are well-prepared to address healthcare delivery demands with responsiveness and precision, resulting in excellent patient care and workplace productivity.



CME on Time Management

ONLINE COURSE ON INFECTIOUS DISEASE FOR PRIMARY CARE PHYSICIANS

The Family Medicine Department at LNH effectively introduced a new online course tailored for general practitioners. A total of 23 individuals registered for the virtual 7-weeks program titled “Essential of Infectious Diseases in Primary Care.” The course, held from December 2, 2023, to January 13, 2024, comprised 7 live interactive sessions and 7 recorded sessions, covering various common infectious diseases, evidence-based practices, and treatment guidelines. Participants expressed their gratitude towards the faculty’s efforts and acknowledged a positive shift in their attitudes and practices as a result of completing the course.



Facilitators and Participants of the course

SENIOR CITIZENS PRIMARY CARE UNIT (SSPCU)

Seniors can get expert treatment at the Senior Citizens Primary Care Unit, which focuses on enhancing their quality of life. We believe that a meaningful life at any age requires physical, social, and psychological well-being, hence our primary goal is to encourage these components of well-being. We provide a range of daily activities designed especially to cater to the interests of elderly adults. We strive to avert these concerns by keeping our clients active as we understand that hidden challenges might lead to a range of health problems.

BREAST CANCER AWARENESS SESSION IN SSPCU

A movement known as “breast cancer awareness” seeks to dispel the stigma associated with breast cancer symptoms and treatments.

Supporters contend that by educating the public

about the features of breast cancer, more people will be aware of the illness and that, as a result, both men and women who are impacted by it will benefit from better treatment options and earlier identification of the disease.



Breast Cancer Awareness at SSPCU

COMEDY SHOW

A comedy show was organized at the Senior Citizens Primary Care Unit at Liaquat National Hospital in which renowned artistes of the country participated, compered by the hilarious comedian Hanif Raja, and the two-and-a-half-hour long event was filled with continuous entertainment. Other artists include the beloved artistes of children and adults, PTV Classic Drama Effort fame Barkat Siddiqui, internationally renowned artist Saleem Afridi, PTV Classic Era artist Sharaft Shah, modern-day style media Shamail and All Time Super. Hasan Jahangir of the hit song Hawa Hawa fame performed his art and when he sang the famous song “Hawa Hawa” along with the senior

citizens sitting in the hall, the young generation also supported him well.



Comedy Show at SSPCU



Comedy Show at SSPCU

COOKING SHOW

“GREAT COMPANY, GOOD MOOD, HEALTHY FOOD”- Cooking Competition held between the elderly members of Senior Citizens Primary Care Unit.

We made four amazing teams of members, named The Senior Spices, The Golden Tastemakers, The Wise Whiskers and The Culinary Wisdoms. They

all participated enthusiastically and made amazing flavourful dishes. The cooking competition was evaluated based on several criteria, including taste, presentation, creativity, and overall execution. The judges had a tough time deciding the winners, as all the members had prepared outstanding dishes.



Cooking Show at SSPCU

TRIP TO CHIRPY PARK

Bird-watching can reduce stress and relieve negative thoughts and emotions. Watching and enjoying birds helps the mind relax and builds mindfulness. A relaxed, meditative state stimulates cognitive function. Being near singing birds boosts feelings of well-being and facilitates a connection with nature.

Senior Citizens Primary Care Unit successfully had an amazing trip to the Chirpy Bird Park. It is the only covered bird park in the city. It is located in Bahria Town, Karachi. The park is beautifully decorated, and it was created to suit the birds' natural environment.



Chirpy Park

ACHIEVEMENTS

SHAMA ABIDI VICE PRESIDENT PPA SINDH

It is with great pleasure that we announce the appointment of our Senior Pharmacist, R.Ph Shama Abidi, as the Vice President of the Pakistan Pharmacist Association (PPA), Sindh Cabinet for the current tenure. Ms. Shama Abidi has demonstrated exceptional dedication, expertise, and leadership in her role as Senior Pharmacist, and we are confident that she will bring the same level of commitment and passion to her new responsibilities as Vice President. We extend our heartfelt congratulations to Ms. Shama Abidi on this well-deserved appointment. We believe that under her guidance, the association will continue to thrive, fostering collaboration and innovation within the pharmacy community.



PRESIDENT-ELECT OF PAKISTAN SOCIETY FOR RHEUMATOLOGY (PSR)



Dr. Tahira Perveen – Head of Rheumatology Department at LNH has been elected as the President-elect of Pakistan Society for Rheumatology (PSR).

GENERAL SECRETARY OF MEDICAL MICROBIOLOGY AND INFECTIOUS DISEASES SOCIETY OF PAKISTAN (MMIDSP)



Dr. Sana Anwar Associate Professor/HOD Microbiology Laboratory has been nominated as the General Secretary of Medical Microbiology and Infectious Diseases Society of Pakistan (MMIDSP).

ACADEMIC ACTIVITIES

NATIONAL STROKE CONFERENCE, ISLAMABAD

The department of Neurology actively participated in the 11th National Stroke Conference, Islamabad, in September 2023. An innovative idea of ‘An Epileptic focus produced in Stroke victim at a site other than the lesion’, was presented by Ms. Hira Razzak (our senior neurophysiology technologist). That was highly appreciated and applauded. Ms.

Malaika an LNH&MC medical student, presented a study regarding ‘Relationship of air particles with the Stroke’. It also gained the attention of the participants of the conference. Dr. Mah Zarreen (R-5 neurology) presented her poster on ‘Vertebral artery dissection leading to anterior artery infarction’.



National Stroke Conference

BEST-CASE REPORT AWARD AT POSTER COMPETITION



Poster Competition in PSR conference

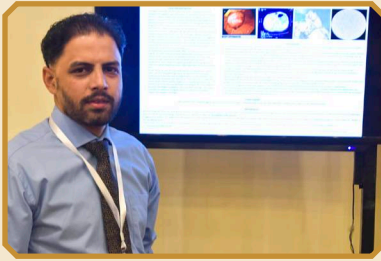
The Pakistan Society for Rheumatology (PSR) conference 2023 featured a poster competition with over 30 articles and numerous case reports. The top 3 articles were selected and awarded by an impartial jury; a submission entitled “Aching Carotid: What Lies Beneath the Pulse” from the department of Rheumatology was awarded



Dr. Marium Receiving Best Case Report Award

as the best case report, presented by Dr. Marium Ahmed from the Department of Family Medicine, LNH.

PARTICIPATION IN THE 31ST ASSOCIATION OF PAEDIATRIC SURGEONS OF PAKISTAN (APSP) CONGRESS BY LNH TEAM



Dr. Atif Zulfiqar at APSP

The 31st APSP congress was held in Pakistan Institute of Medical Sciences (PIMS) Islamabad on 24-26 November 2023. Consultants, senior registrars and residents from all over Pakistan participated in the congress and presented their articles, posters and shared experience in urology, thoracic, abdominal parts. Dr. Atif Zulfiqar from Liaquat National Hospital Karachi participated actively and presented 5 oral presentations and 3 posters in congress.

Oral presentations include articles, case series and case reports. Dr. Atif Zulfiqar, chief resident, was supervised by consultants Paeds Surgery Prof. Dr. Shabbir Hussain, Program Director, Paeds Surgery, Prof. Dr. Muhammad Arshad, President APSP and Dr. Hina Yousuf HOD Paeds Surgery. It was a good experience to present at a national forum and sharing experience and presenting rare cases.



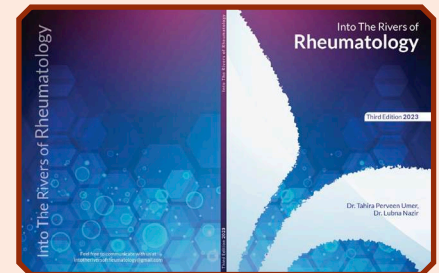
Participants at APSP

LNH RESEARCH EXPO'

The department of Neurology showed its existence at the 'LNH Research Expo', where Ms. Hira Razzak presented a paper entitled 'An Audit of Neurophysiology Lab comparing Pre-COVID year and immediately Post-Covid year'. It was remarkable data of 10,000 patients – the largest of its kind ever presented.

UNVEILING RHEUMATOLOGY DEPARTMENT'S LATEST ENDEAVOUR

This year, 3rd edition of our book "Into the Rivers of Rheumatology" was published comprising distinctive rheumatological cases presented in our department at LNH.



LNSDLS, BS-MEDICAL TECHNOLOGY CLINICAL LAB SCIENCES STUDENTS WON 2ND POSITION IN 2ND BAHRIA UNIVERSITY COLLEGE OF ALLIED HEALTH SCIENCES BUCAHS STUDENT RESEARCH POSTER COMPETITION-2023



LNSDLS Students with their Shields

Our Liaquat National School of Diagnostic Lab Sciences (LNSDLS) - BS-Medical Technology Clinical Lab Sciences students won 2nd position in the 2nd BUCAHS (Bahria University College of Allied Health Sciences) student research poster competition-2023, on "Emerging Trends in Clinical Lab Sciences" on 1st January 2024 held at Ibne-Sina Auditorium at BUHSC



LNSDLS Student at BUCAHS Poster Competition

campus-Shifa Navy Hospital and Institute-DHA, Karachi. Our winning poster was about "Total Laboratory Automation in Clinical Laboratory, Efficiency in Turnaround Time". The event was organized by Bahria University College of Allied Health Sciences-Bahria University. Prof. Dr. Mehreen Lateef, Principal of BUCAHS, Dean Maj Gen.® Shehla Baqi and Director General, Vice Admiral® Ather presented a 2nd position certificate to students and shield for LNSDLS. DG-Vice Admiral and Principal BUCAHS appreciated our LNSDLS-students regarding command on topic, presentations skills and prompt accurate replies.

PRESENTATION AT THE SILVER JUBILEE CONFERENCE OF PSYCHIATRY BY PAKISTAN PSYCHIATRIC SOCIETY (PPS)

Dr. Zaib un Nisa, Consultant Psychiatrist at Liaquat National Hospital presented a paper on Challenges of Mental



Dr. Zaib un Nisa, Consultant Psychiatrist at LNH

Health in Rural Areas: An Evidence Based Perspective, at the 25th Silver Jubilee Conference of Psychiatry by PPS on 12th of November 2023. This paper highlights the problems of mental health faced by the rural population and challenges in treatment. Possible solutions were discussed by speaker and panellists at the end.



Dr. Zaib un Nisa Presenting at Silver Jubilee Conference

MISCELLANEOUS

TRAINING OF FIRST AID BY RSDC TO SECURITY DEPARTMENT

It is apprised that the Security Department has been taking the initiative of imparting a comprehensive training program for training and development of the security officials with the collaboration of RSDC. In this

connection, a two-day training awareness session about Basic First Aid / Basic Life Support Techniques was conducted by “RSDC”. The training was provided by Chief Instructor Mr. Ahmed Ali, instructor Mr. Muhammad Kawish along with their Co-team members at Lecture Hall with effect from 14 November to 15 November 2023.

gain a greater understanding of the roles and responsibilities of the person witnessing an emergency situation, including how to perform basic assessments and manage common injuries or illnesses in adults and children.



Training of First Aid to Security Department

Training of First Aid to Security Department

It is highlighted that the awareness session successfully provided Security Personnel with the knowledge and skills necessary to respond to basic emergencies. Participants also learned how to counteract an emergency situation and prioritize care skills, recognize signs and symptoms of illnesses, use of basic first aid techniques, and perform cardiopulmonary resuscitation (CPR). After the course, the RSDC Team enabled the participants to

ISSUANCE OF DRIVING LICENSE AT LNH



Issuance of Driving License at LNH

The hospital administration, in order to facilitate staff for obtaining a driving license at LNH premises, successfully managed to host staff of the Driving License Branch for two days, which were on 6th and 7th of December 2023.

Through this camp office, a number of 305 staff of LNH got their Licensed renewed and 445 staff members were issued Learning Licenses. Provision of such a useful facility was highly appreciated by our staff.

A CELEBRATION WEEK OF HAND HYGIENE

In a dynamic collaboration between the Department of Nursing Services and Pediatrics, Hand Hygiene Week unfolded, forging a shared commitment to health and safety. On Day 1, a powerful pledge marked the beginning, with healthcare professionals dedicating themselves to rigorous hand hygiene in patient care. Day 2 saw our healthcare community express unity on a vibrant Creative Wall, adorned with patient handprints, drawings, and a burst of color—a vivid reminder of our collective commitment. Day 3 brought joy to patients through drawing sessions, fostering connection and well-being with personalized art pieces. Day 4 featured insightful sessions by our Infection Control Team, guiding attendants and healthcare professionals on maintaining a safe environment. Day 5, in collaboration with Occupational Therapy, delivered an interactive session for patients, promoting hand hygiene alongside therapeutic well-being. Day 6 celebrated outstanding nurses with a ceremony, recognizing their top scores in hand hygiene audits—a testament to their dedication. This Hand Hygiene Week showcased the power of collective commitment. Healthcare workers, patients, and attendants actively participated, reinforcing our dedication to safety and well-being. #HandHygieneWeek #HealthcareHeroes



TRAINING ON “ROAD SAFETY AND ACCIDENT PREVENTION”

The training was organized by the Admin department and the HR department through the team of SPARC (Sindh Police Accidents Analysis & Research Centre) and RUKO (Road Users Knowledge Organization). This was a two-day session from 10:00 am to 12:30 pm on 26 and 27 September 2023. This session was conducted for the transport and security departments, and with them senior officials of the hospital also attended the session. Mr. Ali Suhag (In-charge of Sindh Police Accidents Analysis & Research Centre) led the training session.



Training on Road Safety and Accident Prevention

23RD INTERNATIONAL NEUROLOGY UPDATE CONFERENCE, KARACHI

23rd International Neurology Update Conference was held in Karachi. Dr. Ahmad Asif was invited for a lecture on the difficult topic of ‘Reasons of Failure of Disease Modifying Treatment in Degenerative Dementia’. The talk was applauded.

ANNUAL REFRESHER TRAINING SESSIONS

The Nutrition and Food Services Department (NFSD) held the annual refresher training sessions on 4th & 5th December 2023. The participants were all staff of Chaudary Kitchen, Baber Canteen & NFSD. Training was observed by Brig Dr. Syed Naseem Ahmad, DA,

Prof. Dr. Saleha Shahzad, AMD, Dr. Sana Anwar, HOD – Microbiology, Ms. Qurat-ul-Ain, DM – QA and Ms. Tooba, Officer – QA. Ms. Baneen Fatima, Senior Dietitian and Mr. Bashir Shah, HOD – NFSD were the trainers.



Annual Refresher Training Sessions

RESEARCH AND SKILLS DEVELOPMENT CENTRE (RSDC)

CARDIO PULMONARY RESUSCITATION AWARENESS ACTIVITY IN IBA



The Research and Skills Development Centre also provides CPR awareness activities. On 6th of October 2023, we planned a cardio pulmonary resuscitation (CPR) activity in Institute of Business Administration (IBA) where

60 participants attended the workshop and learned simple basic steps in an emergency situation. The aim of this workshop was to orient the participants to enhance their skills and learn so that, further in future, they can help someone who needs CPR.



CPR Activity in IBA

FAMILY AND FRIEND CPR SESSION FOR LIAQUAT NATIONAL COLLEGE OF NURSING (LNCON)

Research and skills development Centre conducted an AHA accredited Family and Friend CPR session for the students of 1st Year Generic BSN, LNCON in September 2023. Approximately 50 students participated and learned the skill of hand only CPR. E-manuals were shared individually with the students before the session. The purpose of this session is to build up knowledge so that students refresh and practice their good skills. Certificates were also distributed.



Family and Friend CPR session for LNCON

EMERGENCY RESPONSE SKILLS FOR JAFFER PUBLIC SCHOOL



Emergency Response Skills for Jaffer Public School

08 sessions were conducted by RSDC with the students of Jaffer public school, including hands only CPR (Cardiopulmonary Resuscitation), Bandage technique, Burns management, choking in infant and adult, bleeding with bandages, management of domestic cardiac environmental emergency, fractures with bandages, scenario



Emergency Response Skills for Jaffer Public School

day. Approximately 20 participants were trained. Each session had a group activity, where participants were divided in groups and performed according to given scenarios. Participants learned each skill in a very healthy environment.

WORLD RESTART A HEART DAY



Hands-Only CPR Activity on World Heart Day

On 16th October 2023, RSDC planned an activity of Hands-Only CPR on World Heart Day. Almost 300 participants, including students and staff from different departments attended the workshop. The purpose of this session was to give awareness about hands only CPR. Participants were divided



Hands-Only CPR Activity on World Heart Day

into groups and performed and learned the activity. We had a very positive feedback.

RSDC STALL AT HEALTH ASIA EXPO

In the 2023 Health Asia Expo, RSDC is an American Heart Research and Skills Development Centre collaborated with a marketing team in representing LNH. We had a stall of RSDC where students and many other people from different departments and institutes visited us. We also gave awareness about the different programs LNH is offering. Also,

RSDC is an American Heart Association accredited training Centre in Pakistan, providing BLS, ACLS and PALS on the latest 2020 AHA guidelines, so we distributed flyers of all these programs among the visitors and got many outside candidates registered for AHA courses.



RSDC Stall at Health Asia Expo

SOFT SKILLS FOR SECURITY GUARDS



Soft Skills for Security Guard

A one-hour interactive session was conducted by Dr. Kahkashan Tahir. A total of 200 candidates approximately attended the session. The topic of the sessions were Team Work and Work Ethics. Facts & figures related to the topic were shared.



Soft Skills for Security Guard

RHEUMATOLOGY CONFERENCE AT PC HOTEL

The Research and Skills Development Centre represented Liaquat National Hospital in a Rheumatology conference held at PC hotel where RSDC collaborated with a marketing and rheumatology team. We had different stalls

there and many students and other health professionals from different departments visited us. The RSDC team also provided awareness about different programs offered by LNH and distributed flyers.



Rheumatology Conference at PC Hotel

PRIMARY TRAUMA CARE



Primary Trauma Care Workshop

The Research and Skills Development Centre (RSDC) has organized a Primary Trauma Care workshop under the supervision of Dr. Kahkashan Tahir (H.O.D RSDC) in collaboration with primary trauma care foundation faculty, which offered hands-on workshop.



Primary Trauma Care Workshop

There were five skills stations which included Basic Airway Management, Chest Intubation, Trauma Radiology, Log Roll and Pelvic Sling, Helmet extrication and primary survey, offered to all health care professionals. A total of 55 participants registered and attended the workshop. The objective was to enhance clinical performance of critical care setups in the field and treat adult trauma patients suffering from or at risk of life-threatening emergencies. At the end of the workshop, certificates were distributed among all candidates with a very positive feedback.

EVENTS

INTER-CLASS CRICKET TOURNAMENT



Brigadier Dr. Anwer Ali Khan Giving a Trophy to the Winner

The Inter-Class Tap Ball Cricket Tournament was organized in LNCON under the leadership of Brigadier Dr. Anwer Ali Khan (Controller Nursing Admin) and principal LNCON Mrs. Judith Zaidi in the month of June 2023. The purpose of arranging such events was to promote healthy activities in the College of

Nursing. Brig. Dr. Anwer Ali Khan and Madam Zaidi distributed shields and certificates among students and also encouraged students to not only participate in cricket but also take part in different sports activities. The guest speakers gave a message to students that a sound body has a sound mind.

CELEBRATED THE SPIRIT OF CHILDHOOD ON WORLD CHILDREN DAY

Each year, the Marketing Department of Liaquat National Hospital (LNH) takes a heartwarming initiative to brighten the lives of young patients and children visiting our hospital. Special goody bags were distributed among the children to lift their spirits and create a positive atmosphere. Also, there

was a visit by the cartoon characters to the wards and waiting areas where the children gathered and took pictures of their favourite characters. It was a fulfilling experience to see our young patients feeling the bliss of joy again during their time at the hospital.



World Children Day



6TH TAPE BALL CRICKET TOURNAMENT

The management of LNH&MC is very keen in promoting sports activities in and outside LNH premises with the objective to emphasize on the need of physical and mental health of its workers and public in general.

On the patronizing of Prof. Dr. Salman Faridi, Medical Director LNH&MC, 6th Tape Ball Cricket Tournament was organized by a sports committee constituted for the purpose consisting of following key personnel:-

1. Syed Hassan Abbas Rizvi
2. Dr. Muhammad Haroon Memon

The tournament started from 15th Sep, 2023 in evenings on a daily basis at LNH&MC Sports Ground. More than expected response was received from the staff of LNH. Initially 29 departmental teams participated in matches which were played on knockout basis.

The following teams qualified for the Play off Matches.

PLAY OFF MATCHES

Team		Team
QA SNIPER	VS	NURSING STARS
ADMIN STRIKERS	VS	NON CLINICAL CHALLENGER

The following teams qualified for the Finals.

FINAL MATCH

Team		Team
QA SNIPER	VS	NURSING STARS

The final match was played on 3rd Nov, 2023 between **QA Snipers and Nursing Stars** teams which was won by **QA Snipers**. **Prof. Dr. Salman Faridi** was a Chief Guest present to witness the proceedings of the match. **Mr. Sadiq Muhammad** (Former Test Cricketer Legend), **Mr. Yahya Hussaini** Senior Anchor Sports Person, **Mir Hamza** Test Player were Guest of Honor, who distributed the trophies among the participating teams. **Mr. Usman Zahid** from QA Snipers was Man of the Final Match.

AWARD CEREMONY

The following awards were given for the best performance in the 6th Tape Ball Tournament 2023.

BEST PERFORMANCE OF CRICKET TOURNAMENT

S.No.	Name	Award
1	Player of the Tournament	Mr. Usman Zahid (QA Sniper) (355 Runs 16 Wickets)
2	Best Batsman	Mr. S. Muhammad Faiz (QA Sniper) (364 Runs)
3	Best Bowler	Mr. Usman Zahid (QA Sniper) (16 Wickets)

The employees / students of LNH&MC actively participated in the tournament.



Mr. Sadiq Muhammad Presenting Trophy to the Winning Captain



Winning Team

NEW APPOINTMENTS

Following people have recently joined the faculty of LNH&MC.



Dr. Iqbal Hussain Pathan
Consultant (Part Time) in
Cardiac Surgery



Dr. Humaira Erum
Consultant
Histopathology



Dr. Bakhtawar Dahri
Consultant (Part Time)
Gynae & Obs



Dr. Muhammad Arshed
Consultant
Anesthesia



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